

# Outdoor Adventure

EXPLORE THE WILDERNESS

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## Outdoor Activities

There is never a shortage of choices for outdoor activities in Mobile. The city is home to the largest river delta and wetland in Alabama and one of the largest in the country. The eco-diversity of the beaches, bays, and bayous are unlike many places in the world. With so many opportunities for adventure there is always a chance to visit the natural beauty Mobile has to offer.

The [5 Rivers Delta Resources Center](#) or the [Dauphin Island Sea Lab](#) and Estuarium are great places to enjoy and explore nature in Mobile. [Gulf](#) and [Meaher](#) state parks play host to a variety of trails to roam. There are various fishing and airboat tours, plus kayaks and canoes to use in order to venture through the wilderness.

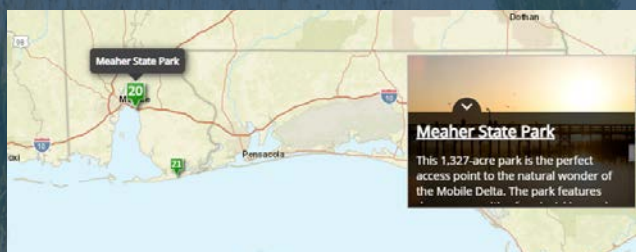
# State Parks

## OUTDOOR ADVENTURE

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5 RIVERS DELTA  
30945 5 Rivers Blvd.  
Spanish Fort, AL 36527



**Meaher State Park**  
This 1,327-acre park is the perfect access point to the natural wonder of the Mobile Delta. The park features

MEAHER STATE PARK  
5200 Battleship Parkway East  
Spanish Fort, AL 36527



**Gulf State Park**  
Two miles of beaches greet you with plenty of white sun-kissed sand, surging surf, gulls and sea shells, but

GULF STATE PARK  
2015 State Park Road, Gulf Shores, AL 36542



## GET ACTIVE

Hike a Local Trail to Workout at a Fitness Studio





## Golf

Golf Digest named Mobile one of the top ten golf value destinations in America. The beautiful courses are champion-quality. Money Magazine called them "strikingly inexpensive." Located in Mobile Bay are more than 25 courses and over 378 holes all just a short drive from downtown. The Robert Trent Jones Gold Course Trail is also located in Mobile on RTJ's Magnolia Grove.